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## An Exploration of the Semantic Cognitive Mechanisms of Chinese and Russian Taste Adjectives

Tan Xin-jie

(College of Foreign Languages and Cultures, Sichuan University, Chengdu 610208, China)

**Abstract:** Taking the theory of embodied cognition as the core framework, this paper focuses on Chinese

and Russian taste adjectives, and systematically explores the cognitive mechanisms underlying the polysemy of taste adjectives. It first dissects the physiological characteristics and cognitive functions of taste, highlighting its high embodiment, essentiality, and subjectivity, thereby establishing taste adjectives as crucial means for concretizing abstract thought. Subsequently, it analyzes the directions and cognitive mechanisms of semantic derivation of taste adjectives from six dimensions<sup>2</sup> emotion, evaluation, aesthetics, life, language and synaesthesia, and combined with bilingual Chinese and Russian examples. It explores the close symbiosis between taste and emotion, evaluation; the philosophical thought of<sup>3</sup> DSSUHFLDWLQJ EHD\W\ LV DSSUHFLDWLQJ WDVWH´ WKH DQDORJLFDO F life circumstances; the functional unity of the tongue in tasting and speaking; and the synergy of holistic perception and cross-modal sensory similarities. The study finds that Chinese and Russian taste adjectives show a tendency of semantic expansion from physiological taste sensation to mental cognition, and their multi-domain mapping ability is jointly determined by the inherent characteristics of taste perception, the physiological structure of senses, etymological information, and human subjective initiative.

**Keywords:** taste; taste adjectives; semantic derivation; cognitive mechanism

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